

e-Newsletter

LTTAs in Bordeaux

August 2026

What's coming next?

Open-Minded Conversations will take place in partners countries from July to September 2026!

Discover our website

Keep the dialogue going & visit us to learn more

Check our videos

Our Summary Video and three Q&A videos are available in our YouTube channel.



Following the piloting of the training sessions in the project countries, numerous participants from the expert groups gathered from April 20–24, 2026 in Bordeaux, to conduct the training sessions. This provided an opportunity to implement the methods developed in the Age Wise Handbook with healthcare professionals.

The goal was to raise awareness among health professionals and adult educators regarding the effects of non-specific, inefficient, and stigmatizing approaches in the care of older adults and to familiarize them with inclusive methods for addressing sexuality, gender, and diversity in later life for their own work.



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Age Wise Handbook Pilotings

From February to April, we wrote a handbook covering various key topics related to sexuality and health in older age.

It contains eight chapters with methodological guidelines for conducting training sessions on sexuality, gender, and diversity, as well as for reflecting on one's own attitudes in order to foster more inclusive, evidence-based, and transformative care.



Silver Chats

“Silver Chats” are open discussion and exchange groups for older adults. In a safe, respectful, and accessible atmosphere, they create a space to talk about topics such as sexuality, relationships, diversity, gender, and sexual health in later life. The primary goal is to empower older adults through knowledge, mutual exchange, and practical ideas for greater self-determination, well-being, and sexual health in later life.

“Silver Chats” aim to encourage participants to take their own needs seriously, ask questions, and make their rights and dignity visible.





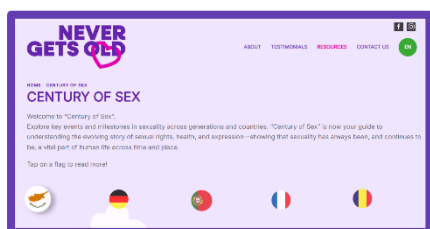
What's coming next – Open Minded Conversations

We are excited to invite healthcare professionals, young people, seniors and stakeholders to attend our national multiplier events.



There is more to explore! Check out our website!

On our website, you can now explore a growing collection of articles written by subject experts, focusing on sexuality in the 3rd age, healthy ageing, diversity, and inclusion. These resources offer practical guidance, research insights and reflections aimed at professionals, caregivers, and anyone interested in ageing with dignity and openness.



We have also launched our Century of Sex section! An interactive space presenting key historical events from our partner countries that shaped sexuality, rights, and social movements. Visitors can navigate through decades of progress, cultural change, and milestones that continue to influence today's conversations around equality and inclusion.

Visit: <https://www.nevergetsold.eu/>