

# e-Newsletter

November 2025

## *Intergenerational Dialogue Sessions*

### A Step Closer to Breaking Stereotypes

All six partners of Never Gets Old hosted intergenerational dialogues on sexuality, gender, relationships, and aging.



### What's coming next?

Calling healthcare professionals: join our hands-on training sessions in Bordeaux - April 2026.

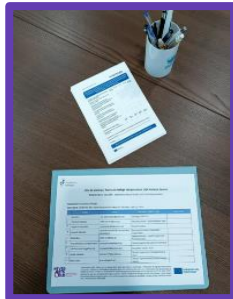
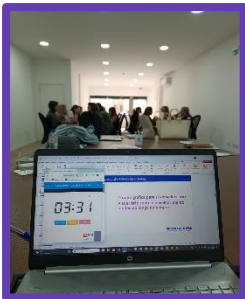
Over the past months, all six partners of the Never Gets Old project have hosted inspiring intergenerational dialogue sessions across Europe – in Germany, Cyprus, Portugal, France and Romania. Using a speed-dating method, each older participant had the chance to have short, meaningful conversations with health care professionals on topics like sexuality, gender identity, relationships and aging.

### Discover our Website!

Keep the dialogue going & visit us to learn more.

These sessions, created spaces for honest and respectful exchanges, challenged stereotypes and highlights the diversity and richness of human experiences across generations.



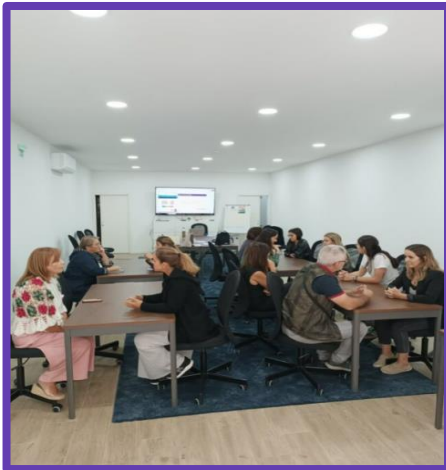


## Intimacy & Relationships in Later Life: Intergenerational Dialogue in Porto

Between September and November 2025, Proportional Message hosted three intergenerational dialogue sessions in Porto, Portugal. Using a speed-dating format, older participants exchanged views with healthcare professionals on sexuality, gender, and relationships. The discussions revealed ongoing taboos around older people's sexual health and offered important reflections on the experiences of LGBTI+ older adults.

### Key Highlights:

- **Taboos persist:** Sexuality and sexual health of older adults remain largely unspoken, even among professionals.
- **LGBTI+ visibility:** Only one person over 60 currently uses LGBTI+ services in Porto, raising questions about the “new closet” in later life.
- **New closet reflection:** Older LGBTI+ adults entering institutional care often feel forced to hide their identity, impacting dignity, well-being, and the right to live fully as a couple.



## Germany Embraces Openness

In mid-September 2025, 16 young and older participants met at the Nursing Training Center in Göttingen for an intergenerational dialogue session. Using a speed-dating format, trainees, healthcare professionals, nursing teachers, and students engaged in short, meaningful conversations about sexuality, relationships, and aging.

### Key Highlights:

- **Breaking Age Stereotypes:** Open discussions showed that sexuality and intimacy remain important in later life.
- **Intergenerational Learning:** Young and older participants exchanged insights, realizing that sexuality and intimacy remain important across the lifespan.
- **Inclusive Awareness:** Conversations highlighted the need for inclusive care and awareness of older adults' diverse identities.



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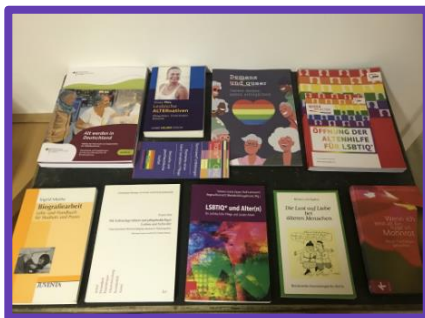


## Bridging Generations: Intergenerational Dialogue in Cyprus

In early October 2025, 20 participants met at Polydinamo Kentro Lakatamias in Nicosia for a speed-dating style dialogue. Older adults and healthcare professionals exchanged views on ageing, sexuality, diverse sexualities, healthcare experiences, and media portrayals of older adults. The session created a safe space for open discussion, fostering understanding and connection between generations.

### Key Highlights:

- **Sharing Experiences:** Participants openly discussed ageing, sexuality, and societal perceptions.
- **Intergenerational Connection:** Meaningful exchanges strengthened understanding and empathy between younger and older participants.
- **Engagement & Enjoyment:** Elderly participants requested more time for conversation, emphasizing the importance of social interaction.



## FAGö Talks About Sexuality in Later Life

On 27 October 2025, Freie Altenarbeit Göttingen e.V. hosted an intergenerational dialogue as part of the annual Göttingen Queer Culture Days. Using the IDS methodology, 19 participants aged 19 to late 70s formed mixed-generation pairs to discuss sexuality, gender, and life experiences.

The session fostered lively exchanges, meaningful connections, and reflections on life across generations. Many participants expressed interest in future meetings to continue the dialogue.

### Key Highlights:

- **Intergenerational Exchange:** Young and older participants shared experiences, gaining new perspectives on life and ageing.
- **LGBTQ+ Visibility & Inclusion:** Discussions highlighted diversity, inclusion, and the value of connecting across generations.



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## First Intergenerational Meeting at Girofard, Bordeaux, France

On October 22nd, Bordeaux’s LGBTQI+ Center, Girofard, hosted its first intergenerational dialogue session. Young adults, professionals, and seniors came together to discuss LGBTQI+ ageing and share life experiences from times when being LGBTQI+ was not widely accepted. The 23 participants created a warm and safe space, revealing the strong potential for meaningful connections between generations. The session marked the beginning of a lasting cooperation across age groups.

### Key Highlights:

- **Safe Sharing:** Participants reflected on personal and historical experiences of LGBTQI+ ageing.
- **Bridging Generations:** The session highlighted the importance of intergenerational connections and mutual understanding.
- **Foundations for collaboration:** The meeting laid the groundwork for ongoing and future cooperation between generations.



## Stories, insights, and experiences from Romania – Intergenerational Dialogue

On 13 October 2026, the Romanian Alzheimer Society hosted an Intergenerational Dialogue Session at the “Prietenii Vârșnicilor” Day Centre in Bucharest. Eight older adults and eight medical residents specialising in psychiatry and geriatrics came together to share experiences and perspectives across generations. Their conversations explored health needs in later life, the meaning of romantic relationships as people age, and how different generations understand and express sexuality, intimacy, and emotional connection.

### Key Highlights:

- **Meaningful exchanges:** Older adults and medical residents discussed health, intimacy, and relationships in later life.
- **Unexpected openness:** Participants were surprised and inspired by the honesty and willingness of older adults to share personal stories.
- **Positive impact on professionals:** Medical residents reported gaining new insight into the lived realities of ageing.



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## What's coming next – LTTAs in Bordeaux

We are excited to invite healthcare professionals to a dynamic, hands-on training programme taking place in Bordeaux this April 2026. This engaging experience is designed to strengthen your skills in supporting older adults with dignity, respect, and inclusivity.

### What to expect?

- Expert-led sessions on sexuality in later life and inclusive care
- Practical exercises and real-life case studies
- Interactive discussions in a supportive learning environment
- Tools to confidently address sensitive topics with patients and families

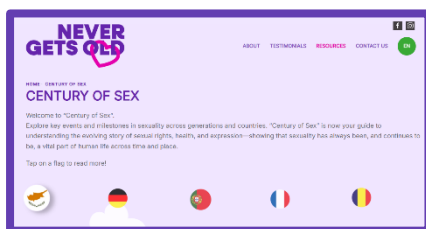


Whether you work in healthcare, social care, or community services, this training will equip you with fresh knowledge and practical strategies. Full details and registration will be announced soon on our [website](#).



## There is more to explore! Check out our website!

On our website, you can now explore a growing collection of articles written by subject experts, focusing on sexuality in the 3rd age, healthy ageing, diversity, and inclusion. These resources offer practical guidance, research insights and reflections aimed at professionals, caregivers, and anyone interested in ageing with dignity and openness.



We have also launched our Century of Sex section! An interactive space presenting key historical events from our partner countries that shaped sexuality, rights, and social movements. Visitors can navigate through decades of progress, cultural change, and milestones that continue to influence today's conversations around equality and inclusion.

Visit: <https://www.nevergetsold.eu/>



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